

Re-Nature Consulting Experiential Workshop

# Spiritual Resilience During Upheaval

Listening for What Is Emerging When the Old  
No Longer Holds



## WORKSHOP DESCRIPTION

We are living in a time of profound energetic and cultural instability. This talk explores spiritual resilience as the ability to remain grounded and expansive—witnessing intense energies without absorbing them. Drawing on earth wisdom, dream imagery, and elemental teachings, Maureen shares practical techniques for grounding, presence, and deep listening. Resilience is reframed as curiosity, adaptability, and openness to what is emerging.

Inquire at:  
maureen@Luminous-Spaces.com | 631.513.0059

*Ideal for: spiritual practitioners, healers, creatives, leaders, and change-makers*



## MAUREEN CALAMIA

BBA, CFSP, BBP

Maureen is a visionary speaker, author, dowser, and consultant on behalf of earth-based spirituality and nurturing our relationship with the natural world. She is a podcast host and author of two books on spirituality. She is passionate about topics related to expanding joy, consciousness, and finding meaning in life. Maureen supports others in developing confidence in their intuitive consciousness, relationship with nature spirits, and authentic nature.

### Testimonials

*"One of the most informative workshops on how I relate to others"*

*"Maureen has inspired me to see myself and my work space differently"*

*"Fascinating. Could have stayed for another two hours!"*

*"her knowledge and passion make this class a real winner."*

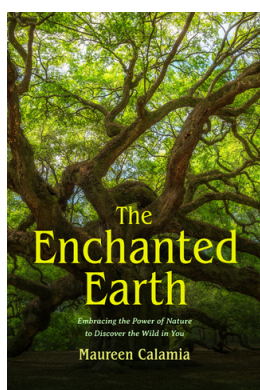


# "...an antidote to hectic modern living"

Creating Luminous Spaces: Use the Five Elements for Balance and Harmony in Your Home and in Your Life - the five elements of Eastern philosophy within us and around us (Conari Press, 2018).

"...helps readers determine their archetypes; all will benefit from Calamia's tips to manage stress: stop and breathe and practice mindfulness, awareness, and restorative activities. An antidote to hectic modern living." – Barbara Jacobs, Booklist Online

"a profound system that can provide a map for life. Chart your own course by honoring the power of place and the benefits of nature. Helps you understand yourself better and become keenly aware of your surroundings – plus, it's fun!" - Dondi Dahlin, author of the international bestseller, The Five Elements



The Enchanted Earth: Embracing the Power of Nature to Discover the Wild in You - the radical importance of sharing our sacred stories in nature to empower personal and collective growth. (Books That Save Lives Publishing, 2024).

*"We are in a time of a great shift in consciousness and we are just starting to understand, again, the ways of nature and its power over us. The ancient and the modern ideas come together in this cutting-edge path to help guide us during this shift and discover our hidden light within our authentic selves."* – Maureen K. Calamia

## Partial List of Clients:

Interior Design Society National Conference, Northwell Health, PSE&G, PRA Communications, Barclay Bank, American Society of Dowsers Annual Conference, NY State Outdoor Educator's Conference, Morris, Nichols, Arsht & Tunnell LLP, Save the Children Headquarters, Douglas Elliman Real Estate, HeadStart Long Island Annual Conference, SUNY - Stony Brook & Westbury campuses, The Lodge at Woodloch, Nemaocolin Resorts



To book Maureen for your event, email [maureen@luminous-spaces.com](mailto:maureen@luminous-spaces.com), or call 631.513.0059